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SPLINT MAINTENANCE AND HOME CARE INSTRUCTIONS

- Hold the appliance between the thumb and index finger by one end, gently. Holding it at both ends may lead to accidental squeezing which can lead to fracture from stress on the appliance.
- Rinse well and dry thoroughly. Do not place your splint in boiling water, in a microwave, or a dishwasher.
- Clean your appliance daily before and after every use. Immediately after removal, use warm water (not boiling) and soap to remove remaining saliva and debris from the appliance.
- Brush the inner and outer surfaces of the appliance with a toothbrush (no toothpaste) daily. Any mild over-the-counter cleaning agents such as Dawn dish soap, Polident, Efferdent, 3% Peroxide solution, 15% bleach solution, or mouthwash can be used. Dispose of the cleaning solution after every use. Rinse well prior to use.
- Do not soak your appliance in any liquid for more than 1 hour.
- Do not submerge in water when storing. The appliance must be dry in the case.
- Please store in the retainer case provided to you when not wearing it.
- Do not eat or drink with the appliance in the mouth. Please remove prior to eating or drinking for optimal performance, fit and long life. Dry your appliance prior to storing it in the case to prevent bacterial growth.
- If the appliance does fracture, please call us at 901-466-0501.